



SAINT BARBARA PHILOPTOCHOS

(Friends of the Poor)

PRESENTS

ESSENCE OF THE MEDITERRANEAN

Saturday September 21, 2013

Saint Barbara Greek Orthodox Event Center

1205 San Antonio Creek Road, Santa Barbara

from 2:00 pm until 5:00 pm



RESERVE BY SEPTEMBER 14TH AT \$35.00* PER PERSON
OR \$40.00 AT THE DOOR



Global Gardens Olive Oil & gourmet food

www.globalgardensonline.com

Lykovouno Greek Extra Virgin Olive Oil

www.lykovouno.com (Koroneiki Variety)

415-922-1810

Il Fustino Olive Oil

www.ilfustino.com

Luna Olivo Company

805-252-1486

La Bodega de España-Tapa Restaurant

485 Alisal Road, Ste #120, Solvang

Yiannis Greek & American Deli

3102 State Street, SB 805.682.2051

The Greek House Cafe &

Santa Barbara Premiere Catering

5 West Haley St. SB 805.560.0809

European Deli & Market

4422 Hollister Avenue, SB

805.964.6600

Zaytoon Lebanese Cuisine Restaurant

209 E. Canon Perdido St., Santa Barbara

Fresco Cafe

3987-B State Street, SB 805.967.6037

Pacific Crepes

705 Anacapa Street, SB 805.882.1123

Stella Mare's Restaurant

50 Los Patos Way, SB 805.969.6705

Le Cafe Stella Restaurant

3302 McCaw Ave, SB 805.569.7698

Genuine Bread Company

www.genuinebreadco.com

Demetria Estates Winery

www.demetriaestate.com

Lafond Winery & Vineyards

www.lafondwinery.com

Santa Barbara Winery

www.sbwinery.com

Philoptochos Society of the Saint Barbara Greek Orthodox Church will be bringing the health benefits of the Mediterranean diet to Santa Barbara.

Taste the food, olive oil and wine.

Learn firsthand how to cure olives.

Listen to the benefits of this diet from one of the area's top Cardiologists.

A portion of the proceeds will be donated to the American Heart Association.

For reservations and information please check the flyer at the St. Barbara's website

www.saintbarbara.net/events or call the Church office 805-683-4492.

**We graciously accept cash, personal check or Visa/MC*

Please make your check payable to:

St. Barbara Philoptochos Society

and mail to:

1205 San Antonio Creek Road

Santa Barbara, CA 93111

