



# The Epistle

July & August 2014

Saint Barbara Greek Orthodox Church

Rev. Father Simon Thomas, Pastor

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## Three Basic Prerequisites for a Spiritual Life

By Protopresbyter Fr. Gerasimangelos Stanitsas  
(Translated by John Sanidopoulos)

### 1. The Salvific Work of Christ

The Incarnation of the Son of God is the fundamental prerequisite for the true life of man, to be united with God. Since man is the image of Christ who is the unchanging image of the Father, the “firstborn of all creation”, the union of the two natures of Christ is the basic element of His existence. For man to become a true man he must become like Christ. The Incarnation negates the barrier of nature that separates man from God, while the Resurrection of Christ negates sin and death.



### 2. The Sacramental Life

The Body of the Incarnate and Risen Christ is the Church, the Body of Christ. The recreation and spiritual rebirth of man takes place in the Church through the Mysteries, especially Baptism, Chrismation and the Eucharist. In the Mystery of Baptism the reconstruction of man takes place and new spiritual functions are activated through Holy Chrismation. The Eucharist is the completion of the Mysteries. It is the source of the spiritual life and spiritually nourishes man. It is thus understood that the spiritual life is not personal or private, but ecclesiastical.

### 3. Human Cooperation

The Mysteries of the Church do not magically change man into a spiritual being. Man with his free cooperation needs to utilize the gifts given by God. Salvation is the fruit of divine and human synergy, which is why the Mysteries do not operate without our effort. This path requires spiritual asceticism and continuous repentance. The spiritual life is Christocentric, a life in Christ, because communion with Christ gives substance and life to man.

With this we understand the necessity for a spiritual life today. Christ did not come to teach or correct certain things in the world, but to become Himself the Life of the world, our Life. “I am Life”. He did not come for the world to live better, but to actually save the world. Without God the world has no life, which is why the Church is not an ethical system of life, but transfuses the only true Life, who is Jesus Christ.

Source: *Mystagogy Weblog*

# Saint Barbara Greek Orthodox Church

*The mission of Saint Barbara Greek Orthodox Church is to safeguard the 2,000 year old Traditions handed down by Christ and His disciples, by encouraging members to participate actively in the Sacramental life of the Church, and by furthering our knowledge of the Faith through education. In order to realize our role as stewards of God's vineyard and to grow spiritually as individuals and as a Parish, we will share our Faith with those who seek the knowledge of God, welcome and embrace all who join us in worship and fellowship, and reach out to those in need. Fulfilling our mission will draw us closer to God and His Kingdom, and allow us to experience the love of God (Agape) in our Parish and community.*

Rev. Father Simon Thomas  
Parish Priest

## SAINT BARBARA PARISH COUNCIL

ERNEST KOLENDRIANOS - PRESIDENT	ANGELIQUE CHUCHAS
BESSIE CONDOS – VICE PRESIDENT	JOHN P. DEMOURKAS
RUTH ANGELOS – SECRETARY	JACKSON KWIATKOWSKI
RANDY LANGEL – TREASURER	GEORGE PAPADOR
TAYLOR CANFIELD	MARY PAPADOR MENDOZA
ALEX CHUCHAS	PAUL TZIOUVARAS

## PARISH MINISTRIES

CHANTERS	ALEX TRIGONIS & RANDY LANGEL
CHOIR DIRECTOR	ANDRIANA KOLENDRIANOS
GREEK FESTIVAL	GEORGE PAPADOR
GREEK SCHOOL TEACHER	GEORGIA GASTOUNIOTIS
ST. BARBARA HISTORICAL MUSEUM	MARY MAMALAKIS
MISSIONS	ALEX HAIMANIS
ORTHODOX SOCIAL NETWORK (OSN)	VALERIE KATSIKIS
PARISH BOOKSTORE	PATRICIA DOVAS
PHILOPTOCHOS SOCIETY PRESIDENT	GEORGIA GASTOUNIOTIS
V.I.P. COORDINATOR	SOFIJA NEDIC

## YOUTH MINISTRIES

ACOLYTES	ALEX TRIGONIS & RANDY LANGEL
DANCE GROUP DIRECTOR	FATHER SIMON THOMAS
YOUTH CHOIR DIRECTOR	SOPHIA KENRICK
SUNDAY SCHOOL DIRECTOR	ANGELA CANFIELD
ORTHODOX CHRISTIAN FELLOWSHIP	YIANNI MAGOULIAS

## COMMUNITY PROGRAMS

AHEPA PRESIDENT	BILL POULIS
DAUGHTERS OF PENELOPE PRESIDENT	CAROL ARGER

## OFFICE PERSONNEL

VALERIE KATSIKIS – Office Administrator

## CHURCH OFFICE HOURS

MONDAY – FRIDAY \* 9 A.M. – 5 P.M.

GREEK ORTHODOX ARCHDIOCESE OF AMERICA \* METROPOLIS OF SAN FRANCISCO

## President's Report

Recent World News reported on the meeting between His All Holiness Ecumenical Patriarch Bartholomew and Pope Francis in Jerusalem in late May. Prior to his departure for Jerusalem, Andriana and I were honored to receive an audience with the Patriarch at his office in Constantinople on a recent trip to Turkey and Greece. He recalled his memorable visit to our Parish in 1997 to preside over an Environmental Symposium hosted jointly by UCSB, the Cousteau Institute and our St. Barbara parish on the occasion of our 50<sup>th</sup> Anniversary. He was warm and welcoming and we were pleased to present him, on behalf of our parish, with a glass window fabricated by our talented and gifted glass artist, Nadya Penoff. We asked for his blessings and prayers for our Orthodox family.



June was highlighted by graduations from pre-school to Graduate School. Congratulations to all from your Parish Council and may God continue to bless and guide you in your future.

July will welcome our 41<sup>st</sup> Annual Greek Festival at Oak Park. Since early January, preparations have been ongoing by the newly established Festival Leadership Committee under the chairmanship of George Papador. Many ideas for improvements were entertained, discussed and accepted. We are hopeful that they will translate into efficiency, attendee enjoyment, and profitability. We now need the support of the entire church family to realize our efforts. Please consider volunteering your time and effort over the four days, or certainly a portion thereof, from Friday, July 25<sup>th</sup> (*set-up and prep day*) to Monday, July 28<sup>th</sup> (*take-down & organize returned items to church*).

If you are unable to attend, consider underwriting/sponsoring a booth or contributing to offset the ever escalating food/pastry item costs. Thank you in advance for your participation and support of this wonderful ethnic event for the Santa Barbara Community.

The “Raffle 100 Club” was created to offset the costs of our Grand prize of a round trip to Greece for two awarded at the end of our Greek Festival on Sunday Evening. As you know, the proceeds of the Raffle accrue to the Scholarship Fund. I am thrilled to report that the trip has been completely funded by the generosity of the faithful. Thank you!

In the remaining months of this year, the Parish council will direct energies to implementing a Metropolis Strategic Plan, unfolding a Capital campaign to address major deferred infrastructure needs, establishment of an Endowment Program and address issues and challenges that were presented by the Parish Spiritual Survey from 100 responding individuals. Your input will be encouraged and your assistance will be requested as we all strive to make our beautiful church a “beacon of Orthodoxy” on the Central Coast.

So, as Festival approaches, let’s think about all the ways we can help our church grow and thrive. We are all members of the body of Christ in Saint Barbara. Recognize that each one of us is a valued and vital member of our blessed St. Barbara. Please consider how we each can offer our time, talent, and treasure to make our Festival a success, but ultimately, to ensure a healthy and vibrant Saint Barbara!

Have a fun and relaxing summer with your family and friends! Reminder, Church Summer Hours: Orthros, 8:30 a.m., Divine Liturgy, 9:30 a.m.

Ernest Kolendrianos  
President, 2014 Parish Council

## Liturgical Calendar

**Sunday, July 6<sup>th</sup>**

**4<sup>th</sup> Sunday of Saint Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Sunday, July 13<sup>th</sup>**

**Sunday of the Holy Fathers**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Sunday, July 20<sup>th</sup>**

**6<sup>th</sup> Sunday of Saint Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Sunday, July 27<sup>th</sup>**

**7<sup>th</sup> Sunday of Saint Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

(At Oak Park)

**Friday, August 1<sup>st</sup>**

Paraklesis Service – 6:00 pm

**Sunday, August 3<sup>rd</sup>**

**8<sup>th</sup> Sunday of Saint Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Monday, August 4<sup>th</sup>**

Paraklesis Service – 6:00 pm

**Wednesday, August 6<sup>th</sup>**

**Feast of the Transfiguration of the Lord**

Orthros – 8:00 am

Divine Liturgy – 9:00 am

Paraklesis Service – 6:00 pm

**Friday, August 8<sup>th</sup>**

Paraklesis Service – 6:00 pm

**Sunday, August 10<sup>th</sup>**

**9<sup>th</sup> Sunday of St. Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Monday, August 11<sup>th</sup>**

Paraklesis Service – 6:00 pm

**Wednesday, August 13<sup>th</sup>**

Paraklesis Service – 6:00 pm

**Thursday, August 14<sup>th</sup>**

Great Vespers – 6:00 pm

**Friday, August 15<sup>th</sup>**

**Feast of the Dormition of the Theotokos**

Orthros – 8:00 am

Divine Liturgy – 9:00 am

**Sunday, August 17<sup>th</sup>**

**10<sup>th</sup> Sunday of St. Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Sunday, August 24<sup>th</sup>**

**11<sup>th</sup> Sunday of St. Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

**Friday, August 29<sup>th</sup>**

**Feast of the Beheading of St. John the Baptist**

Orthros – 8:00 am

Divine Liturgy – 9:00 am

**Sunday, August 31<sup>st</sup>**

**12<sup>th</sup> Sunday of St. Matthew**

Orthros – 8:30 am

Divine Liturgy – 9:30 am

## Saint Barbara Prayer List

*Please contact the Church Office to add/remove someone from the list.*

Ecumenical Patriarch Bartholomew  
Archbishop Demetrios of America  
Metropolitan Gerasimos of San Francisco  
Metropolitan Jeronymos of Mwanza  
Father Simon & Presvytera Stephanie and children  
Parishioners of Saint Barbara Greek Orthodox Church  
Parishioners of Saint Barbara's in Kazinga, Tanzania  
Metropolitan Paul (Yazge) of Aleppo  
Archbishop Youhanna Ibrahim (Syriac) of Aleppo

Presvytera Krissy Flesoras (health)  
Alex Chuchas (employment)  
Angelique Chuchas (health)  
Michael Domagala (health)  
Vasili Economidou (cancer)  
Bill & Helen Gekis (health)  
Sorel (Sophia) Kolendrianos (Rett Syndrome)  
Jim Peters (health)  
Jheri E. Redding (Lyme disease)



## *The Holy Priest Martyr Cosmas of Aitolia, Equal to the Apostles*

August 24<sup>th</sup>

The New Priest Martyr Cosmas, Equal of the Apostles, in the world Constas, was a native of Aitolia. He studied at first under the guidance of the archdeacon Ananias Dervisanos, and afterwards continued his education on Mount Athos, at the Vatopedi school renowned for teachers such as Nicholas Tzartzoulios (from Metsovo) and Eugenius Voulgaris (afterwards in the years 1775-1779 the archbishop of Ekaterinoslav and the Chersonesus).

Remaining on Athos at the Philotheou monastery to devote himself to spiritual labors, he was tonsured a monk with the name Cosmas, and later was ordained a priest-monk. The desire to benefit his fellow Christians, to guide them upon the way of salvation and strengthen their faith, impelled St Cosmas to seek the blessing of his spiritual fathers and go to Constantinople. There he mastered the art of rhetoric and, having received a written permit of Patriarch Seraphim II (and later from his successor Sophronius) to preach the Holy Gospel.

So the saint began to proclaim the Gospel at first in the churches of Constantinople and the surrounding villages, then in the Danube regions, in Thessalonica, in Verroia, in Macedonia, Chimaera, Akarnania, Aitolia, on the islands of Saint Maura, Kephalaria and other places.

His preaching, filled with the grace of the Holy Spirit, was simple, calm, and gentle. It brought Christians great spiritual benefit. The Lord Himself assisted him and confirmed his words with signs and miracles, just as He had confirmed the preaching of the Apostles.

Preaching in the remote areas of Albania, where Christian piety had almost disappeared among the rough and coarse people entrenched in sin, St Cosmas led them to sincere repentance and improvement with the Word of God.

Under his guidance, church schools were opened in the towns and villages. The rich offered their money for the betterment of the churches, for the purchase of Holy Books (which the saint distributed to the literate), veils (which he gave women, admonishing them to come to church with covered heads), for prayer ropes and crosses (which he distributed to the common folk), and for baptismal fonts so that children could be baptized in the proper manner.

Since the churches could not accommodate everyone wanting to hear the wise preacher, St Cosmas with forty or fifty priests served the Vigil in the fields, and in city squares, where thousands of people prayed for the living and for the dead, and were edified by his preaching. Everywhere that St Cosmas halted and preached, the grateful listeners set up a large wooden cross, which remained thereafter in memory of this.

The apostolic service of St Cosmas was brought to a close by his martyric death in the year 1779. At 65 years of age, he was seized by the Turks and strangled. His body was thrown into a river, and after three days, was found by the priest Mark and buried near the village of Kolikontasi at the monastery of the Entrance into the Temple of the Most Holy Theotokos. Afterwards, part of his relics were transferred to various places as a blessing.

He was glorified by the Ecumenical Patriarchate in 1961.



## NEWS & NOTES

### *Baptisms...*

**Emily Silveiro-Allen**, June 21<sup>st</sup>, the sponsors are Serge & Yanna Hadjimihaloglou

### *Weddings...*

**Teddy Chronopoulos & Makenzie Pedrotti**, June 14<sup>th</sup>, the koumbaro is Dimitri Chronopoulos

**Christopher Doulgeris & Alison Davis**, June 21<sup>st</sup>, the sponsor is Lauren Smith

**Philip Hadji & Emily Silveiro-Allen**, June 28<sup>th</sup>, the koumbaro is Alexios Hadji

### *Memorials...*

**Alexandru Bulboaca**, June 29<sup>th</sup>, husband of Natalie, father of Iuliana Earl and grandfather to Iulia, Michael, Nicholas & Sarah

### *In Memory of...*

**John Karamaras** by George & Pat Dovas, Alex Haimanis to Mission Tanzania

## Happy Name Day!

**July 7<sup>th</sup> Saint Kyriake** – Karen Carlton, Koula Laspitis

**17<sup>th</sup> Saint Marina** – Marina Vogel

**20<sup>th</sup> Saints Elias** – Louis Arger, Elias Argyropoulos, Elias Khoury, Louie Velliotes

**26<sup>th</sup> Saint Paraskeve** – Voula Aldrich, Vivian Canfield, Vivi Katsiouleris, Vivian Pahos, Vivi Tziouvaras

**27<sup>th</sup> Saint Panteleimon** – Frankie Landry

**30<sup>th</sup> Saint Silas** – Cy Stathis

**August 6<sup>th</sup> Transfiguration** – Soteri Nicolaou

**15<sup>th</sup> Theotokos** – Krista Blake, Mary Fictum, Mary Frangos, Margo Georghiou, Glory Lamb, Maria Landry, Patti Stathis-Langel, Mary Mamalakis, Mary Papador Mendoza, Kara Osborn, Sydney Pappas, Francesca Richardson, Peter Stathopoulos, Mariella Stockmal, Mary Tassos, Maria Tziouvaras, Marika Withers

**26<sup>th</sup> Saint Natalie** – Natalia Tziouvaras

If we have inadvertently omitted your name, or listed your name on the wrong day, please contact the Church Office so that we may update our records.

## Spotlight on the Bookstore

*Making God Real in the Orthodox Christian Home* by Fr. Anthony M. Coniaris

Any book that is in its 12<sup>th</sup> printing has got to be a book of value. I invite you to stop by the bookstore to preview just the table of contents. This is a book that belongs in every Orthodox home where there are children. The book gives you a myriad of ideas to live your faith in your home. For example: make a celebration of the anniversary of your child's baptism. Take their baptismal candle to church on Sunday and let it accompany your child as he goes up for communion. That day is special, celebrate it. How about a cake to celebrate or their favorite cupcake? Make the day as special as your child.

The time you spend in the car going to and from church can be used to make God more real to your children. One mother summarized the priest's sermon down to one statement and put it on the refrigerator door where all the family could see it for the rest of the week. You can review what the children talked about in Sunday school or read Bible stories. It sure beats the arguments the kids get into just being kids.

The book gives examples of conversations to have with your children such as, your values, death, repentance, sex, who is the greatest of all saints, fasting, confession, and communion. "Religion is not learned in church or Sunday school where a child spends 1% of his time, but at home where the child spends 83% of his time." This book is a treasure trove of practical ideas.

**TO ALL MEMBERS & FRIENDS OF  
SAINT BARBARA GREEK ORTHODOX CHURCH**  
from your  
**PARISH COUNCIL**

PLEASE ACCEPT THIS PERSONAL INVITATION TO EACH AND EVERYONE OF YOU  
TO SHARE IN THE FUN AND GOOD WORK NEEDED  
FOR OUR UPCOMING FESTIVAL

MANY HANDS MAKE OUR TASKS EASIER AND MORE ENJOYABLE

<b>FRIDAY, JULY 25</b>	PARK SET-UP, Oak Park, 8 a.m.-5 p.m.. PASTRY PREP at church. 9 a.m.-2 p.m.
<b>SATURDAY, JULY 26</b>	FESTIVAL, 11 a.m. – 7 p.m.
<b>SUNDAY, JULY 27</b>	DIVINE LITURGY, Oak Park 9 a.m. FESTIVAL, 11 a.m. – 7 p.m.
<b>MONDAY, JULY 28</b>	PARK CLEAN-UP & RETURN ITEMS TO CHURCH, 9 a.m.- 1 p.m.

YOUR HELP IS NEEDED IN ALL BOOTHS OVER THE ENTIRE WEEK-END

PLEASE GIVE SOME OF YOUR VALUABLE TIME: 4 HOURS, 6 HOURS, 8 HOURS OR ALL DAY, OR  
TWO DAYS!

LET'S ALL WORK TOGETHER AS A COMMUNITY  
TO ENSURE THE SUCCESS OF OUR 41<sup>ST</sup> ANNUAL GREEK FESTIVAL

**PLEASE RSVP TO LET US KNOW YOUR AVAILABILITY**

**BY TELEPHONE**

George Papador, 805 403-5893, Festival Chair  
Ernest Kolendrianos 805 685-8982

**By EMAIL**

[papadprg@yahoo.com](mailto:papadprg@yahoo.com)

**IN PERSON**

CHURCH OFFICE

or at the

Greek Festival Information & Volunteer table in the Fellowship Hall on Sunday after Liturgy  
June 29, July 6, July 13, and July 20.

**EFHARISTO/THANK YOU!**

## 2014 GREEK FESTIVAL PASTRY BOOTH “WISH LIST”

The Pastry Booth of our Annual Greek Festival at Oak Park continues to be a major attraction for loyal followers who appreciate the significant effort in preparing our delicious pastries.

We all know the dedication of the many workshop volunteers, often 8+ hour days to produce the quantities demanded by our visitors each year. The chairpersons of the multiple workshops, Georgia Gastouniotis, Terry Keramaris, Helen McGillivray, and Andriana Kolendrianos report a major increase in food costs and “wish” that those increases could be offset by donations.

Below is an itemized cost and quantity accounting of the specific ingredients needed to prepare the thousands of pastries we bake. Please consider making either a general pastry donation, or a specific item donation from the List of Needs. The total expense for the 5 pastries we bake is \$1,291.69.

<u>FOOD Items</u>	<u>Quantity</u>	<u>Cost</u>
Eggs	792; 44/18-carton.	\$103.40
Yogurt	576oz. 9@ \$5.99	53.91
Flour	210 # \$7.19/25#	64.71
Unsalted Butter	150 lbs. \$8.69/4#	330.22
Salted Butter	15 lbs. \$9.49/4#	37.96
Sugar	135# \$9.79/25#	58.74
Confectioner's Sugar	50# \$14.79/25#	29.58
Baking Powder	5 #	8.99
Baking Soda		Donated
Brandy	1.75 ml	14.99
Vanilla	16 oz.	6.99
Sesame Seed	2 # \$4.49/lb	8.99
Orange Juice	1 3/4 gallons	6.99
Lemon Juice		Donated
Bread Crumbs	6 lbs. 4 @ 2.99/24oz	11.96
Cream of Wheat	16, 28 oz. pkgs. @\$3.29	52.64
Clover Honey	2 # 2.5#/\$13.79, 1, 2#/7.99	35.57
Walnuts	15 # 5, 3#/\$19.39	96.95
Nilla Wafers	8, 30 oz pkgs.@ 6.99	55.92
Corn Oil	3.5 gals	28.58
Vegetable Oil spray	2@ 3.19	<u>6.58</u>
		<b>Total: \$1,013.67</b>

### PACKAGING

Clear Clam Shells	8, 100 ct. @ \$19.99	\$159.92
Steam Foil Pan Lids	3, 5 ct. @\$5.49	17.79
Paper cup liners	11,500 ct. @6,41	76.15
Packing Boxes	7 @ \$2.78	<u>21.02</u>
		<b>Total: \$274.88</b>

**Checks may be made out to St. Barbara Greek Orthodox Church earmarked *Pastry Booth Donation*.**

Mail your check to the church, or drop it off at the Church Office, or the Greek Festival Information Booth during Coffee Hour after Liturgy on Sundays during July.

Your donation will increase the Festival Pastry Booth profit dollar for dollar. No donation is too small! Thank you from the many Pastry Booth volunteers!!!



## *New This Year at the Greek Festival*

FREE PARKING & SHUTTLE SERVICE from  
SANSUM CLINIC 317 W. Pueblo Street,  
to and from OAK PARK  
SATURDAY, July 26 & SUNDAY, July 27  
11 AM TO 7 PM  
Spread the Word!

GREEK FESTIVAL 2014 INFORMATION AND VOLUNTEER TABLE.

WHY? ..... TO ANSWER ALL INQUIRIES

WHERE?..... COFFEE FELLOWSHIP HOUR, after Divine Liturgy

WHEN?..... JUNE 29, JULY 6, JULY 14, JULY 20

WHO?..... FESTIVAL LEADERSHIP COMMITTEE MEMBERS

## *Festival Pastry Workshops*

**SAVE THE DATES & MARK YOUR CALENDARS!!!!**

Friday, July 18, 1 p.m. Karithopita, Georgia G. and Helen McGillivray

Saturday, July 19, 1 p.m. Yaourttopita, Georgia G. and Helen McGillivray

**Please call to volunteer for a joyous day of fun, fellowship and baking. Many helping hands make the shaping and baking go quickly. So volunteer today! Andriana 685-8982, Helen 965-6727**

## *Missions Update*

This is a very exciting time. Mr. Carter is in Bukoba, Tanzania and he has started drilling for clean water! It took us over 3 years to finally get all the permits. Thank you for continuing to support us through this period. We hope we can count on you in the future, because they will need financial support to keep this project moving forward.

The other exciting news is we had another successful *Wine for Water* event! To date, we have raised over \$17,000. That should be enough to drill at least 3 more wells. Thank you to all who donated and attended. A special thank you to the following: Bill Poulis for his generosity in donating half a well and for donating and preparing the food; Henry and Mary Webber for their help preparing the food and their generous donation; George Fakinos for all his help in the kitchen, providing the wine glasses, and donating wine; George Papazacharioudakis for all his help and donations; Greg Pantages for his help cleaning up and donations; Shaun Cunningham for his help setting up; Sophie Alexander for her donations and taking pictures; Andrea Hodges and Byron for donating wine; Marcos Schnieder for playing the piano; Alex Gorbenko for creating and donating the flyers and tickets; Pam Alexander for her donations and help; Lana Marme-Phillips for her donations, time and talent setting up; Marina Vogel for her generous donation of half a well, the decorations, and all her hard work before, during, and after the event; and to Father Simon, the Parish Council, and Valerie Katsikis for all their support.

If anyone is interested in donating a well or a portion of a well, please the Missions Committee. Have a wonderful summer. God Bless.

– Alex Haimanis

## *Saint Barbara Historical Museum*

Visit this gem of past memorabilia, especially photographs, organized by the able hands of Mary and George Mamalakis, Theony Condos of blessed memory, Jim Chachakos, Terry Keramaris, and Bessie Condos, Parish Council liaison. Enjoy viewing the formative years and evolution of our parish in a beautifully displayed manner!

# Parish, Youth & Young Adult Ministries

## **Philoptochos Chapter #4019**

Thank you to all the board officers and members of Philoptochos for their support and commitment. We had a wonderful year and much was accomplished.

Due to last year's success and commitment, the committee is busy planning the **"Essence of the Mediterranean"** once again **to be held September 20<sup>th</sup> from 2:00 to 5:00 pm** at the Orthodox Center. It will be an afternoon of food, olive oil, wine tasting, and much more. Our proceeds this year will benefit the Sansum Diabetes Research Institute and our other philanthropic endeavors.

Philoptochos will be hosting a **Martini Membership Mixer Saturday, September 6<sup>th</sup>** at La Cumbre Clubhouse and Garden, 61 La Cumbre Circle, SB.

**February 7, 2015 a Crab Feed** will be held. Details are in the process and we will get all the information to you soon.

**Pennies & Prayers** - We raised \$400.00 for the 2013-2014 year. Thanks to Pam Alexander, Georgia Gastouniotis, the Hillman Family, Ernest Kolendrianos (new record-\$89.48), George & Mary Mamalakis, and all the anonymous donors for their support. Thanks also to Sophie Alexander for sorting all the coins.

**Philoptochos General Meeting schedule is as follows:** August 10<sup>th</sup>, September 6<sup>th</sup> Martini Membership Mixer, November 9<sup>th</sup>. Our meetings will be held every other month for 2015. A meeting schedule for 2015 will be available this summer.

For more information about Philoptochos or for a membership application please do not hesitate to contact Georgia Gastouniotis at 805-455-6725 or email [ginagaston@verizon.net](mailto:ginagaston@verizon.net) or contact the Church Office.

## **Sunday School**

Sunday School teachers will be meeting in the upcoming weeks to discuss the past school year's successes and where improvement is needed. The 2014-2015 school year curriculum will also be discussed and developed. Any feedback is always welcome. Sunday School will resume September 7<sup>th</sup>. Have a blessed summer!

## **Greek School**

There are no classes for the summer months. A schedule for new classes to begin in September will be available this summer.

## **VIP Seniors**

The V.I.P. Seniors are going dark during the months of July and August. The next meeting is scheduled for September 2014. More information is coming later. Have a wonderful summer!

## **Toumba & Zoi Dancers**

Thank you very much for the parents who met on 5/18 to discuss costumes, dances and the new group formations! Without your involvement these decisions cannot be made. Here is a recap of the decisions that were made by the parents in attendance:

1. Zoi ("Life") will consist of ages 6-11 yrs.
2. Toumba ("Tumble") will consist of ages 5yrs and below who are interested in dancing.
3. Zoi and Toumba will be wearing the same costumes they wore for the March 25<sup>th</sup> performance for our Saint Barbara Greek Festival July 26 & 27.
4. The dancers will be performing the same dances all together with the exception of the Syrto that just the Zoi kids will be performing...same performance that was done at the March 25<sup>th</sup> Celebration.
5. After the Festival, Zoi will get a new suite of dances and Toumba will get a new song or two and the two groups will be performing separately.
6. New costumes for the smaller children in Toumba are tabled until we talk again in August.
7. All dancers will need black shoes & white tights for dancing at the Festival in July! Zoi girls will still need a white blouse to wear with Corfu costumes.

Mark your calendars for Dancers to be performing at our **Saint Barbara Greek Festival July 26 & 27, 2014!** **Here is what you need to block off on your calendars this summer in order for your child(ren) to participate:**

***Practice on both July 24<sup>th</sup> & 25<sup>th</sup> sometime around 4:30 or 5pm for 1 hour.*** (Please contact Pres. Stephanie if you are unable to attend!)

Toumba & Zoi will be dancing together on **Saturday July 24<sup>th</sup> - 2 times (times TBA)** and **Sunday July 25<sup>th</sup> - 1 time (TBA).**

If you have any Questions, contact Presvytera Stephanie Thomas: [s\\_c\\_thomas@yahoo.com](mailto:s_c_thomas@yahoo.com)

## Community Organizations

### **SB-Patras Sister Cities Group**

Santa Barbara-Patras Sister Cities Group is continuing strong and we welcome Greek or non-Greek to join our group. Patras was chosen to be the Sister City due to the similarities with Santa Barbara, geographically, culture, tourism, and higher education.

For a Membership Application and more information, please contact Georgia Gastouniotis - President at [ginagaston@verizon.net](mailto:ginagaston@verizon.net), Vice President - Bessie Condos at [bcondos@cox.net](mailto:bcondos@cox.net), Secretary - George Papazacharioudakis at [gpapazach@msn.com](mailto:gpapazach@msn.com), Treasurer - Debbie Merlo Ruccione at [debbie@debbiemerlo.com](mailto:debbie@debbiemerlo.com).

Our new website is [www.sbpatras.org](http://www.sbpatras.org).

### **Order of AHEPA, Santa Barbara Chapter 243**

[www.ahepa20.org/chapters](http://www.ahepa20.org/chapters) E-mail [ahepa243@gmail.com](mailto:ahepa243@gmail.com)

The Mission of the Family of AHEPA, Santa Barbara Chapter 243, is to promote Hellenism, Education, Philanthropy, Civic Responsibility, Family and Individual Excellence. The Goal of AHEPA Chapter 243 is to expand and strengthen its educational efforts and the lifelong learning of mind and body, the Classic Hellenic definition of PAIDEIA.

We have our meetings on the third Monday of the month, usually at Harry's Plaza Café in the Ranchero Room, starting at 6:30 p.m.

All meetings with a guest speaker are open to members of the community and we invite you to join us, have dinner, and listen to an inspiring and informational speaker.

If you are interested in joining AHEPA, or attending a meeting to learn more about AHEPA, contact President William Poulis at (805) 682-4733.

### **Daughters of Penelope, Santa Barbara Chapter Delos 103**

[www.dophq@ahepa.org](mailto:www.dophq@ahepa.org); [www.dopdistr20.org](http://www.dopdistr20.org)

Congratulations to our new chapter officers! Carol Arger will serve another term as President, Sofija Nedic is Vice President, Lydia Swanson remains as Treasurer, as do Helen McGillivray as Corresponding Secretary, and Mary Mamalakis as Recording Secretary.

At our last meeting on June 16<sup>th</sup>, we elected to go dark for the summer. Our meetings and schedule will resume in September.

The first Western Regional District Convention of Districts 17, 19, 20 & 21 was held in Reno on June 20-22. Four district coming together to discuss business and also honor the scholar recipients from each district. New Lodge officers were also elected.

The Supreme National Convention is in New Orleans July 20-26<sup>th</sup>.

For more information about the Daughters of Penelope you can visit the national website at [www.daughtersofpenelope.org](http://www.daughtersofpenelope.org), as well as our district website at [www.dopdistr20.org](http://www.dopdistr20.org). If you are interested in becoming a Daughter, please call Helen McGillivray at 965-6727.

## Paraklesis Services & Fasting in August

During the first two weeks of August (August 1-14), we fast from meat, dairy, fish, wine & oil Monday through Friday, with wine & oil allowed on Saturday & Sunday. On Friday, August 6<sup>th</sup>, fish, oil & wine are permitted in honor of the Transfiguration of the Lord.

The Paraklesis Service is a supplication service to the Most Holy Theotokos, asking her to intercede to her Son and our God for the health of our souls and bodies. We celebrate on Monday, Wednesday, and Friday the Small Paraklesis. Please join us for these services at 6 pm, as we pray for our family and friends.

## 2014 Scholarship Awards

The Scholarship Committee is pleased to announce the recipients of this year's scholarship awards. Francesca Richardson, our Santa Barbara High School graduate, received a scholarship along with the honor of the Philoptochos Scholarship Award for the student with the greatest church involvement. Francesca regularly attends Sunday School, participates in the Thavma Greek Dance Group, has competed at FDF and has performed at the Greek Festival, as well as other church festivals and glendis. She attends Greek School and has attended the Ioanian Village Summer Camp where she met and connected with other Greek Orthodox youth throughout the country. Francesca will be attending SBCC in the Fall.

Two scholarships were awarded to college undergraduates: Polixeni Tziouvaras and Anna Crossman. Polixeni is a freshman at Manhattan School of Music in New York City. She has always been very involved in our parish and continues to attend regularly when she is home. She also works, dances (with the Thavma Dance Group), and sings at the Greek Festival. The other recipient, Anna Crossman, is new to our parish and comes frequently to church. She is a freshman attending UCSB. Anna was involved in her Parish choir and is interested in becoming a member of our choir. Anna, along with another UCSB student attending St. Athanasius, is looking into reestablishing OCF at UCSB for Orthodox Christian students to have a community on campus.

We congratulate these fine young adults and wish them continued success in furthering their education.

Respectfully,  
Lisa Markos  
Scholarship Chair

## Volunteers for July & August 2014

### Epistle Readers:

July	6	Greek: Nick Pappas	English: Ruth Angelos
	13	Greek: Alex Trigonis	English: Randy Langel
	20	Greek: Terry Keramaris	English: Mike Pahos
	27	Greek: Angelique Chuchas	English: Theophilos Lasswell
August	3	Greek: Nick Pappas	English: Ruth Angelos
	10	Greek: Alex Trigonis	English: Randy Langel
	17	Greek: Terry Keramaris	English: Mike Pahos
	24	Greek: Angelique Chuchas	English: Theophilos Lasswell
	31	Greek: Voula Aldrich	English: Ruth Angelos

### Acolytes:

Cainan Iorio, Dean Richardson, Dimitri Richardson

### Ushers:

July	6	Bessie Condos, Art Markos	August	3	Paul Tziouvaras, George Papazacharioudakis
	13	Paul Tziouvaras, Brian Iorio		10	William Poulis, Brian Iorio
	20	Alex Haimanis, William Poulis		17	Bessie Condos, Art Markos
	27	Greek Festival - Parish Council		24	Paul Tziouvaras, Brian Iorio
				31	Alex Haimanis, William Poulis

### Prosporo Bakers:

July 6 & 13	Prosfora Bakers
20	Anna Petronakis & Bessie Condos
27	Prosfora Bakers
Aug. 3	Angelique Chuchas
10	Connie Pappas Hillman
17	Sophia Kenrick
24	Valerie Katsikis
31	Anna Petronakis

### Altar Flowers:

July 6	Available
13	Available
20	Available
27	Available
Aug. 3	Available
10	Available
17	Available
24	Sophie Alexander & family
31	Available

### Coffee Fellowship Hosts:

July	6	No Host
	13	No Host
	20	No Host
	27	Greek Festival
August	3	No Host
	10	No Host
	17	No Host
	24	No Host
	31	No Host

# Stewardship 2014

In this summer session, the stewardship committee extends a huge thanks to all those who have been working tirelessly to plan, promote, power, and perk up our Festival. This is a huge undertaking in our community! It takes a special set of people to put it all together, and it takes *all of our time and talents* to make it succeed. As we offer service to the Church with a grateful heart, we realize our true mission as Orthodox Christians: to be amongst a community of people who choose to live not only in the world, but also for the world; to offer outreach and service to proclaim the Good News of not only what God has done but also what He is doing in our time.

## Distribution of Stewardship Commitments (as of May 18)

Stewardship Commitment		Number of Stewards	Portion of Stewardship Income	
Per Year	Per Month		Total Amount	Percent
\$1-\$500	\$1-\$42	47	\$14,575	12%
\$501-\$1000	\$43-\$83	16	\$12,670	10%
\$1001-\$1500	\$84-\$125	12	\$14,560	12%
\$1501-\$2000	\$126-\$167	3	\$5,756	5%
\$2001-\$3000	\$167-\$250	8	\$21,400	18%
\$3001-\$4000	\$251-\$333	3	\$10,700	9%
\$4001-\$5000	\$334-\$417	2	\$8,580	7%
\$5001-\$6000	\$418-\$500	3	\$17,500	14%
\$6001+	\$501+	2	\$15,384	13%
<b>Total</b>		<b>96</b>	<b>\$121,125</b>	<b>100%</b>

## Saint Barbara Greek Orthodox Church

1205 San Antonio Creek Road, Santa Barbara, CA 93111

Telephone: (805) 683-4492 Fax: (805) 964-2774 Web: [www.saintbarbara.net](http://www.saintbarbara.net)

## 2014 Stewardship Commitment Card

I/We \_\_\_\_\_ Phone \_\_\_\_\_  
*Please Print*

Address \_\_\_\_\_  
Please check if address has changed

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Commit to Stewardship in the amount of \$ \_\_\_\_\_ to Christ and His Church for Jan-Dec 2013, in gratitude for the gifts He has bestowed upon us. This Commitment will be paid in installments of \$ \_\_\_\_\_ on a (*please circle one*) weekly, monthly, quarterly, semi-annual or annual basis.

The amount being committed is 2% or more of our annual household income.

Signed: \_\_\_\_\_

The dollar amounts above are CONFIDENTIAL.  
You are advised to consult your CPA or other tax advisor regarding the deductibility of all or part of this gift.  
*For Authorized Saint Barbara Greek Orthodox Church Personnel Only*

## Stewardship 2014

Aldrich, Voula  
Alexander, Pam  
Alexander, Sophie  
Anderson, John & Catherine  
Angelos, Dr. James & Ruth  
Anthes, George & Stacie  
Anthimiades, Dorothy  
Anton, Alice  
Argyropoulos, Symeon & Antoinette  
Ballas, Gus  
Barth, Charles & Pam  
Canfield, Taylor & Angela  
Carlton, Karen & Gary  
Carroll, John & Lexy  
Casserly, Terry & Eugenia  
Chachakos, Bill  
Chachakos, Jim  
Chuchas, Alex & Angelique  
Cocores, Ted & Christine  
Compogiannis, Chris  
Condodina, Alice  
Condos, Bessie  
Daphne, Laurel  
Day, Derrick & Darcy  
Domagala, Terilee & Michal  
Fakinos, George & Barbara  
Fell, Ryan & Stacey  
Fenger, Ellen  
Gastouniotis, Dean & Georgia  
Gekis, William & Helen  
Geoghiou, Diana  
Hanges, Andrew & Georgia  
Haimanis, Alex  
Hillman, Catherine  
Hillman, Chris & Connie  
Hroundas, George  
Hunt, Barbara  
Kallas, Agnes & Anthony  
Kapermekas, Tom & Sasha  
Katsikis, Valerie  
Katsioularis, Bob & Vivi  
Kenrick, Sophia  
Keramaris, Terry  
Khoury, Cherif  
Kolendrianos, Chris & Megan  
Kolendrianos, Ernest & Andriana  
Kwiatkowski, Jackson

Lamb, Glory  
Landry, Frank & Kalliroi  
Langel, Randy & Patti Stathis  
Lasptis-Balboa, Stella  
Lasswell, Theophilos & Dorothea  
Laury, Helen Compogiannis  
Magoulis, Efstratios "Yianni"  
Mamalakis, George & Mary  
Martin, Nick  
Martin, Ted  
Matiosian, Mace & Phyllis  
Moreno, Paul & Lindsey  
Nedic, Sofija  
Nicolaou, Soteris & Jaime  
Pahos, Mike & Vivian  
Pantages, Greg & Rea Goumas  
Papademetriou, Adelphi Seraphima  
Papador, George & Tracy  
Papador, Georgia  
Papazacharioudakis, George  
Pappas, Carolyn  
Penoff, Dana  
Phillips, Emanuel  
Pollalis, Gikas & Stella  
Poulakos, Jennifer  
Poulis, William  
Poulos, Steve  
Ramirez, Michael & Alexandra  
Rishwain, Jeff & Connie  
Roan, Curtis & Georgina  
Scarvelis, George & Alexandra  
Smith, Catherine McDavid  
Solomon, Karen  
Stathis, Cy & Helen  
Stathopoulos, Peter  
Swider, Bob & Christy  
Theofanous, Theo & Danae  
Thomas, Fr. Simon & Pres. Stephanie  
Trigonis, Alex & Alexandra  
Tullis, Bud & Barbara  
Tziouvaras, Paul & Vivi  
Velliotes, Louie  
Vogel, Marina  
Weeks, Michael & Jean  
Winford, Gerald & Stamatina  
Zettas, Paul & Jennie