

## Announcements

- ❖ **Coffee Fellowship during Great Lent:** Please remember that during Great Lent, no meat products should be served at Coffee Fellowship, and non-dairy options should be provided, for those who are fasting.
- ❖ **Please submit your Stewardship Commitment Card for 2015!** Cards are available in the Narthex and the Church Office.
- ❖ Information about **St. Barbara's Scholarship Program** will be in the *Epistle*. Applications will be available March 29<sup>th</sup> and due May 4<sup>th</sup>.
- ❖ Our monthly bulletin, *The Epistle*, is available on the parish website and via email. Visit our **website** [www.saintbarbara.net](http://www.saintbarbara.net) and sign up if you would like to keep up to date with what is happening in our Parish.

## Religious Education

- ❖ **Bible Study, Tuesday, April 21<sup>st</sup>, at 6:30 pm.** We will be continuing our study of the book of Revelation.
- ❖ **GOYA/Youth Lenten Retreat in the Headlands March 27-29<sup>th</sup>.** We have a total of 8 families, and 20 people participating!

## Parish Activities

- ❖ **Capital Campaign Presentation will be today following Liturgy!** Please join us as we introduce our plan to address the needs of the parish.
- ❖ **Support a Mission Priest Sunday is next week, March 29<sup>th</sup>.** The tray this day will go to support the priest at St. Barbara's in Kazinga.
- ❖ **Saturday of Lazarus** breakfast and family activity day is **April 4<sup>th</sup>.** Please join us for Liturgy at 9 am. Lenten waffle breakfast with fresh fruit and fresh juice at 10 am. Fun and special Easter activities for all ages from 11:00-1:00. Please encourage family and friends to attend. If you have any questions please contact Angela Canfield at 805-448-1727.

## Metropolis Activities

- ❖ **Summer Camp at St. Nicholas Ranch!** Four sessions to choose from! For more information visit [www.gosfyouth.com](http://www.gosfyouth.com)

## Pascha Flower & Icon Decorating

- ❖ **Decorating of the Annunciation icon is on Tuesday, March 24<sup>th</sup>, at 4:00 pm.** Interested parties should contact Catherine McDavid Smith at 886-8056.
- ❖ **Many hands will be needed to decorate our beautiful "Kouvouklion-Tomb of Christ" with flowers.** Philoptochos is inviting parishioners to assist with the **decoration of the Kouvouklion**, on **Holy Friday, April 10<sup>th</sup>, beginning at 8:00 am.** Please contact Catherine McDavid Smith at [Catherine.mcdavid@icloud.com](mailto:Catherine.mcdavid@icloud.com), if you are interested in participating.



## *Saint Barbara Greek Orthodox Church*

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We welcome you to Saint Barbara Greek Orthodox Church and are blessed that you have come to our worship service. We hope that this worship experience is both enlightening and inspirational. Each Sunday is the day in which we commemorate the Resurrection of our Lord, God and Savior Jesus Christ. The Christian Orthodox Church is the Church of the Resurrection and we rejoice in the Lord's triumph over death.

If you are a visitor to our Parish we encourage you to follow the Divine Liturgy book to assist you in following the Liturgy. Please understand that the Christian Orthodox Church does not practice inter-communion with other Christian denominations. Though we may share a common belief in the Holy Trinity, our churches are not yet one in faith and practice. We believe that Holy Communion is not the means to Christian unity but it is in fact the fullest expression of that unity. We fervently pray for this unity as noted in every divine service of the Orthodox Church. Please do not approach for Holy Communion if you are not a baptized/chrisdated Orthodox Christian. Feel free to contact Father Simon if you desire to learn more about the Christian Orthodox Church, the Church of the New Testament.

We would like to remind all Orthodox Christians to be spiritually prepared and in proper canonical standing with the Church in order to partake of the Holy Eucharist.

## THE LIVES OF THE SAINTS

On this, the 22<sup>nd</sup> day of the month of March, we commemorate: holy Priest-martyr Basil, Presbyter of the Church of Ancyra; the holy women martyrs, Kallinike and Vasilissa, who died by the sword; Saint Drosis, daughter of the emperor Trajan, and the five consecrated virgins with her; the holy new devout martyr Efthymios, who contested in Constantinople in the year 1814, died by the sword.

On this day, the fourth Sunday of Lent, we commemorate our devout Father John, author of The Ladder.

By his intercessions, O God, have mercy on us and save us. Amen.

*Sunday, March 22<sup>nd</sup>, 2015*  
*Sunday of St. John of Climacus*

**Hymn for the Resurrection (Eighth Tone)**

O Merciful One, You came from on high, and condescended to Your three day burial to save us from suffering. You are our Life and our Resurrection. Glory to You.

**Hymn for St. John of Climacus (Eighth Tone)**

With the rivers of your tears, you have made the barren desert fertile. Through sighs of sorrow from deep within you, your labors have borne fruit a hundred-fold. By your miracles you have become a light, shining upon the world. O John, our Holy Father, pray to Christ our God, to save our souls.

**Hymn for Saint Barbara (Fourth Tone)**

Let us honor Saint Barbara; for the all-modest one prevailed over the snares of the enemy, and was freed from them as a sparrow, with the Cross as aid and weapon.

**Kontakion for Great Lent (Eighth Tone)**

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

*Please follow the prayers for St. Basil's Liturgy, in booklet provided for you in the Narthex.*

**This Week's Servers**

Epistle Readers: Greek: Terry Keramaris  
English: Randy Langel

Acolytes: Connor Blake, Cainan Iorio, Dean & Dimitri Richardson

Ushers: Paul Tziouvaras, Brian Iorio

Prosphora: Valerie Katsikis

Coffee Hour: Capital Campaign Committee

**Memorial Service**

Following Liturgy this morning, a memorial service will be prayed for the servants of God, **Bessie Triantafillou** and **Mary Triantafillou**, sister and cousin of Constance Callinicos. May their memory be eternal!

**Epistle Reading - Hebrews 6:13-20**

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore to Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

**Gospel Reading- Mark 9:17-31**

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to You, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Your disciples to cast it out, and they were not able." And He answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if You can do anything, have pity on us and help us." And Jesus said to him, "If You can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, He rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when He had entered the house, His disciples asked Him privately, "Why could we not cast it out?" And He said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And He would not have any one know it; for He was teaching His disciples, saying to them, "The Son of Man will be delivered into the hands of men, and they will kill Him; and when He is killed, after three days He will rise."

### *Lenten Fast This Week*

This week, we fast from meat, dairy, fish, wine & oil. On Wednesday, fish, wine and oil are permitted in honor of the Annunciation. On Thursday, Saturday and Sunday, wine and oil are permitted.

### *Lenten Services*

Mondays – Great Compline, 6 pm  
Wednesdays – Ninth Hour Service, 5:40 pm; Presanctified Liturgy, 6 pm  
Lenten Dialogue, 7:30 pm  
Fridays – Salutations to the Virgin Mary, 6 pm

### *This Week's Schedule*

**Sunday, March 22<sup>nd</sup>, Sunday of St. John of Climacus**

- ❖ Orthros, 9:00 am; Divine Liturgy, 10:00 am
- ❖ Sunday School/Youth Choir
- ❖ Capital Campaign Presentation

**Monday, March 23<sup>rd</sup>**

- ❖ Great Compline, 6:00 pm

**Wednesday, March 25<sup>th</sup>, Feast of the Annunciation**

- ❖ Orthros, 8:00 am; Divine Liturgy, 9:00 am
- ❖ Great Vespers, 6:00 pm and Lenten Dialogue and Meal

**Friday, March 27<sup>th</sup>**

- ❖ Akathyst Hymn, 8:00 am
- ❖ Youth Lenten Retreat

**Saturday, March 28<sup>th</sup>**

- ❖ Youth Lenten Retreat

**Sunday, March 29<sup>th</sup>, Sunday of St. Mary of Egypt**

- ❖ Orthros, 9:00 am; Divine Liturgy, 10:00 am
- ❖ Sunday School
- ❖ Youth Lenten Retreat
- ❖ Support a Mission Priest

### *Lenten Dialogues*

We have some interesting and dynamic speakers this year for our Lenten Dialogues. Join us for engaging lectures and stay for a light Lenten meal afterwards. If you would like to host a meal for one of the Lenten Dialogues, please contact the Church Office.

March 25<sup>th</sup> – Speaker: Alexandra Trigonis – “Tapping into our God-given Joy: Spiritually & Scientifically Proven Habits”

Meal: Angelique Chuchas

April 1<sup>st</sup> – Speaker: Father Nicholas Speier

Meal: George Papazacharioudakis and friends

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